



ST. BENEDICT NDANDA REFERRAL HOSPITAL

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Ndanda,
Mtwara

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Website: www.ndandahospital.or.tz

ABBEY NDANDA HOSPITAL CANTEEN

MENU 10/7/2019

SALAD AND SOUP

- Chef's Salad 6,000/=
- Mixed Salad 6,000/=
- Cream Mushroom Soup 5,000/=
- Clear Vegetable Soup 5,000/=
- Lettuce Salad 5,000/=
- Mixed Beef Salad 6,000/=
- Tomato and Cheese Salad 5,000/=
- Soups: Try our freshly made Goat, Chicken or Mtori 6,000/=
- Avocado Vinaigrette 3,000/=

CHICKEN CHOICES

- Sweet and Sour Chicken 8,000/=
- Grilled Herb Chicken 8,000/=
- Pan Fried Chicken 8,000/=
- Roasted Chicken 8,000/=
- Chicken Makange 8,000/=
- Chicken Tandoori 8,000/=
- Chicken Curry 8,000/=
- Chicken Masala 8,000/=
- Boiled Local Chicken..... 10,000/=
- Stuffed Chicken 8,000/=
- Burger Chicken 7,000/=
- Lemmon B.B.Q Chicken with Butter Sauce 8,000/=
- Boneless Chicken Supreme 8,000/=

All official correspondence should be addressed to:
The Medical Officer Incharge Ndanda Hospital
Website: www.ndandahospital.or.tz

BEEF CHOICES

- Stir Fry Beef with Onions 8,000/=
- Beef pepper Steak 8,000/=
- Beef Stroganoff 13,000/=
- B.B.Q Goat Meat 8,000/=
- Beef Makange 8,000/=
- Stew Beef 8,000/=
- Beef Mishikaki 2,000/=
- Beef Curry 8,000/=
- Samosa with Salad 6,000/=
- Beef Burger 7,000/=

FISH AND CRASTACEANS

- Fried Fish 10,000/=
- Grilled Fish 10,000/=
- Fish Roast 10,000/=
- Prawns Masala 13,000/=
- Fish Masala 10,000/=
- Fish Curry 10,000/=
- Octopus 10,000/=
- Stir Fry Prawns with Vegetables 13,000/=
- Fish Makange 10,000/=
- Prawns Makange 13,000/=
- Deep Fried Caramal 10,000/=
- Grilled King Fish 13,000/=
- Boiled Fish 10,000/=
- Stew Fish 10,000/=
- Caramal Rings 10,000/=

VEGETABLES

- Vegetables Jalfreizi 7,000/=
- Vegetables Masala 7,000/=
- Stir Fry Vegetables 5,000/=
- Boiled Vegetables 5,000/=

RICE

- Biryani Rice Beef or Chicken 10,000/=
- Pilau Rice Beef or Chicken 10,000/=
- Plain Rice 2,000/=
- Fried Rice with Chicken 10,000/=
- Fried Rice with Prawns 13,000/=
- Fried Rice with Vegetables 5,000/=
- Eggs Fried Rice 5,000/=

PASTA AND NOODLE

- Spaghetti Alla Bolognese 10,000/=
(Spaghetti with Minced Meat and, Tomato sauce)
- Spaghetti Alla Hawaii 12,000/=
(Spaghetti with fresh Prawns, Caramal, Garlic, Chilli, Olives and Tomato Sauce)
- Fried Noodle 3,000/=

CHIPS AND POTATOES

- Mash Potatoes 3,000/=
- Plain Chips 2,000/=
- Chips with Eggs 4,000/=
- Boiled Rose Marry Potatoes 3,000/=

EGGS

- Eggs (2 pc) 2,000/=
(Make your choice; Boiled, Omelet, Scrambled or, Spanished)
- Eggs Curry 4,000/=

PIZZA

- Pizza Magherita 10,000/=
(Tomatoes, Mozzarella, Oregano and, Basilicas)
- Vegetable Pizza 8,000/=
(Tomatoes, Mozzarella, Cheese, Sausage, Sultanas and Oregano)
- Pizza Ortolana 8,000/=
(Mozzarella, Cheese, Egg-Plant, Tomatoes, Onion, Green pepper, Mushroom spices and Olives)
- Pizza Bahar 12,000/=
(Tomatoes, Capers, Garlic, Oregano, Prawns, Caramali)
- Four Seasoning Pizza 10,000/=
(Beef, Tomatoes, Mozzarella, Cheese, Mushroom, Chicken, Capers, Oregano)

DESSERT

- Plate of Fruit 3,000/=
- Fruit salad 8,000/=
- Ice Cream 3,000/=

All Dishes are served with either; Chips, Rice, Mash Potatoes, Ugali Or Salad